



Word Search



Greater Saint John



Y	T	Y	T	O	U	G	H	T	F	U	L	E	N
T	R	K	Y	L	D	N	E	I	R	F	P	E	T
I	E	Y	H	T	R	O	W	T	S	U	R	T	I
L	M	T	E	A	L	I	S	T	E	N	I	N	G
I	P	D	S	I	D	S	R	K	N	I	P	B	C
B	O	I	I	T	I	U	N	O	K	N	R	E	N
I	W	V	P	P	S	L	I	P	R	A	C	K	O
S	E	E	E	R	O	C	D	S	V	N	I	O	I
N	R	R	A	E	N	N	E	E	A	N	A	U	T
O	M	S	C	S	O	I	R	R	D	I	I	D	N
P	E	I	E	P	B	Y	E	N	N	K	N	O	E
S	N	T	S	E	I	L	E	R	K	N	H	E	T
E	T	Y	I	C	O	S	H	A	R	I	N	G	N
R	R	E	H	T	S	A	K	N	S	E	N	H	I

- INCLUSION RESPECT PEACE KINDNESS INTENTION LISTENING
 PINK THOUGHTFUL RESPONSIBILITY EMPOWERMENT FRIENDLY
 SHARING DIVERSITY TOLERANCE BRAVERY TRUSTWORTHY

Empathy

How would you describe empathy?

Imagine you had an argument with a friend. How can you try to understand how they feel, and why is that important for making up?

Can you think of a time when a friend seemed sad or upset? How did you try to make them feel better?

What do you do when someone in your family needs help or feels sad? How does it make you feel to help them?



Inclusion

Have you ever been excluded? From what?

How did it make you feel?

Have you ever excluded someone else?

How can you make sure that everyone feels included?



Scenarios

Instructions:

1. Print out this activity. (see below for settings)
2. Cut out the flashcards.
3. Divide into six groups.
4. Each card has a scenario on one side and discussion questions on the back; give groups time to discuss how they would tackle each scenario.
5. If time permits, exchange the cards.

Fit
 Actual size
 Shrink oversized pages
 Custom Scale: %
 Choose paper source by PDF page size

Print on both sides of paper
 Flip on long edge Flip on short edge

Orientation:
 Auto portrait/landscape
 Portrait
 Landscape



Scan for more information!

JOIN OUR ACTS OF KINDNESS CHALLENGE!

What's the Acts of Kindness Challenge?

During the month of February, promote kindness in your business, workplace, organization or school by downloading material available on our [website](#) to showcase how you're promoting your acts of kindness.

Provide us with photos to promote your participation on our social media channels throughout the month of February. Let's show the community of Saint John that we choose kindness every day!



Scenarios

A new student has just joined the class. During lunch, you notice them sitting alone and looking uncomfortable. A group of students at a nearby table starts whispering and pointing at the new student, making them feel even more isolated.

You come across a social media post where a classmate is being mocked and ridiculed by several peers. The comments are hurtful, and the post is gaining attention quickly.

While walking down the hallway, you see a group of students taunting and pushing another student against the lockers. The bullied student looks scared and helpless.

During a class discussion, a student shares their opinion, and another student responds with name-calling and teasing, causing laughter from others.

A rumor about a classmate has started spreading around the school, and it's affecting their reputation and friendships.

A group of friends is planning a weekend activity, but they purposely exclude one of their classmates who wants to join.



Scenarios

- What are some immediate actions you can take to support the person being bullied?
- How can you report or stop the cyberbullying effectively?
- What long-term strategies can be implemented to prevent similar situations in the future?

- How might the new student be feeling in this situation?
- What steps can you take to make them feel welcome and included?
- How can you address the behavior of the students who are whispering?

- How can you stand up for the student being teased without escalating the situation?
- Why is it important to promote a respectful environment in the classroom?
- How can you encourage others to express their opinions respectfully?

- What are some safe ways to intervene in this situation?
- How can you support the bullied student after the incident?
- What role can school authorities play in preventing physical bullying?

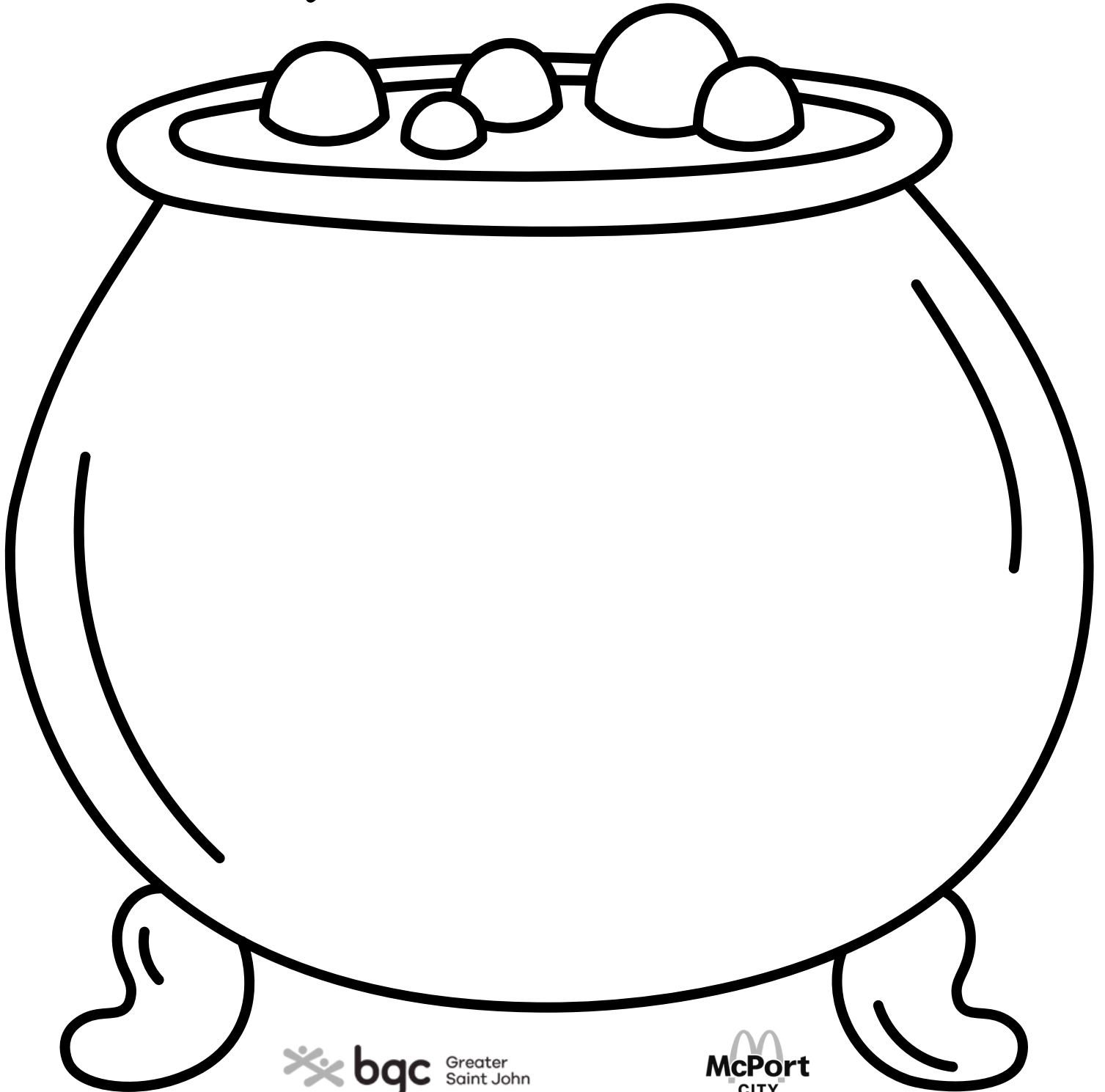
- How does exclusion affect someone's self-esteem and sense of belonging?
- What actions can you take to ensure everyone feels included?
- How can you promote inclusivity in group activities?

- What impact can rumors have on a person's mental health and social life?
- How can you help stop the spread of this rumor?
- What are some ways to promote a culture of kindness and truth in your school?

Kindness ✂️ Month

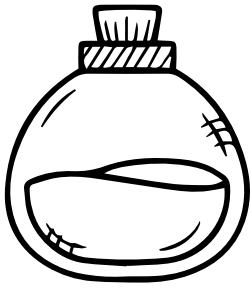
Make my Friend!

Cut out the ingredients you would add to make a good friend!
What ingredients would you pick? Feel free to write your own!

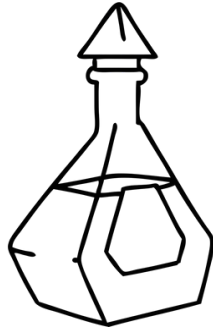


Kindness Month

Make my Friend!



KIND



AUTHENTIC



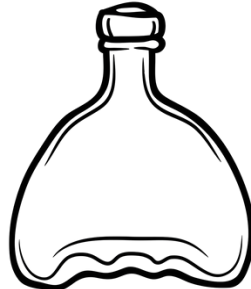
TRUSTWORTHY



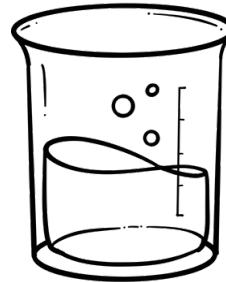
SUPPORTIVE



RESPECTFUL



HONEST



POSITIVE



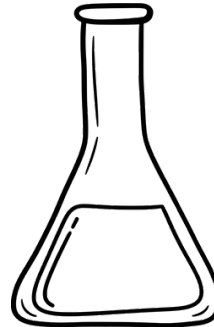
HUMOROUS



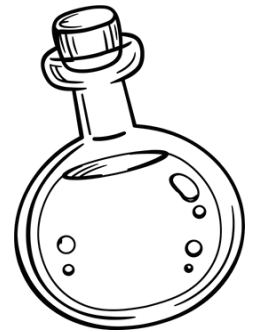
LOYAL



GOOD LISTENER



CONFIDENT



PATIENT



OPEN-MINDED



DEPENDABLE



ENERGETIC



CALM